Skin
- Provides protective covering for body
- Helps regulate body temperature
- Helps regulate body’s moisture

Lungs
- Provide oxygen to blood
- Release carbon dioxide from blood

Skin
- Provides protective covering for body
- Helps regulate body temperature
- Helps regulate body’s moisture

Kidneys
- Filter blood to make urine
- Release or retain water
- Remove metabolic wastes

Diseases Affecting Blacks (mostly)
- Asthma
- Hypertension
- Heart Disease
- Sarcoidosis
- Cancer
- Stroke
- HIV/AIDS
- Diabetes

Major Organs and Bones of Human Body

Feeds body oxygen and iron

Maintaining Your Health Factsheet

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