Regardless of where you live, a healthy environment is an important component for consideration of the potential quality of life of that area. Discussions about the health of an environment usually began with the overall health of the watershed that the particular environment is associated with.

A watershed is an area of land that drains into one stream, lake, river, and ultimately to the ocean. Pollutants from the air; as well as, those that washes into surface waters via a precipitative event, can negatively affect the surrounding water quality.

Also, pollutants that soak into the soil and concentrate in the sub-surface waters can affect the quality of the drinking water of that area.

Components of a healthy environment include:

- Water quality
- Air quality
- Solid waste disposal
- Land conservation
- Healthy intact forests
- Water conservation